

SPORTS ACADEMY TRIALS

19 September 2024

Dear Parents and Guardians,

We are excited to announce that Ross Intermediate will be hosting trials in term four for our 2025 Sports Academy. This program is designed to provide our students with training and competitive opportunities in various codes and activities, enhancing their skills and fostering their passion for physical activity.

Event Details:

Date: Friday 15th November (Week 5)

Time: 9am-11am (session one) & 12pm-2pm (session two)

Location: Ross Intermediate School Gym, 25 Freyberg Street, Roslyn, Palmerston North

Your child only needs to attend one of these two sessions, please attend the session that is most relevant to your child's sporting strengths. You will drop your child off 15 minutes before the session starts and collect them at the finish time. There will be no parental spectators during testing.

Morning Session (9am-11am):

- Cricket
- Touch/Rippa
- Volleyball
- Hockey
- Individual athletes (e.g. swimming, gymnastics).

Afternoon Session (12pm-2pm)

- Netball
- Basketball
- Rugby
- Football/Futsal

Details for the Trial Process continue on the next page.

Trial Process:

- 1. Registration:** Registrations will open on Monday the 14th of October 2024. Please ensure your child is registered for the trials by Friday the 8th of November. You can register online via our school website under the sports heading. Link: <https://www.rossint.school.nz/sports>
- 2. Preparation:** Encourage your child to come prepared with appropriate sportswear and water bottle. They will be given a name badge on arrival.
- 3. Tests:**
 - 1200m Run
 - 10m & 30m Sprints
 - Standing Jump Test
 - Game-based play
- 4. Selection Criteria:** Trials will be conducted by Brenda Wagenaar and Samuel Phillips and selection will be based on attitude, potential, and skill. We aim to foster a supportive and challenging environment for all participants.
- 5. Outcome Notification:** Parents will be informed of the selection results in Week Nine of Term Four, and successful candidates will receive further details regarding the program.

We believe that physical activity is a valuable aspect of personal development and provides excellent opportunities for students to grow both physically and mentally. We encourage all interested students to take part in these trials and showcase their talents.

If you have any questions or require further information, please do not hesitate to email us and we will get back to you.

We look forward to a day of enthusiastic participation and skill demonstration.

Nga mihi,
Brenda Wagenaar & Samuel Phillips
sport@rossintermediate.school.nz